



NR NAS PENSACOLA 0182
161 TURNER ST STEC
HQ BLDG 624
PENSACOLA, FL 32508-5256

PLAN OF THE MONTH
7-8 April 2001

THIS PLAN OF THE MONTH CONTAINS BOTH OFFICIAL AND UNOFFICIAL MATTER. ALL HANDS ARE CHARGED WITH KNOWLEDGE OF ITS CONTENTS. ALL PERSONNEL ARE REMINDED THAT THEY ARE SUBJECT TO THE UNIFORM CODE OF MILITARY JUSTICE DURING INACTIVE DUTY TRAINING PERIOD.

COMMANDING OFFICER: CDR R.M. KUTCH
EXECUTIVE OFFICER: CDR W. THOMPSON
ADMIN OFFICER: LCDR J.B. LEHNERTZ
TRAINING OFFICER: LCDR R.OLSSON
PROGRAM MANAGER: AT1 McKAY
E-mail: mckaym@jrb.nola.navy.mil
COMMAND CHIEF: ABHCS D. M. HOPKINS
COMMAND CAREER CONS: ITC CHRISTY

UNIFORM OF THE DAY

OFFICER/CPO: SAT: BDU/Khaki – SUN: BDU
E-6 AND BELOW: SAT: BDU/Service Blues / Dungarees – SUN: BDU

FREQUENTLY CALLED NUMBERS

UNIT SPACES DURING DRILL:	(850) 452-2093	(850) 452-2243	FAX: (850) 452-3939
RESERVE SERVICES:	(504) 678-3190	FAX: 678-9516	PSD: (504) 678-3140
BEQ:	(850) 452-7077		
BOQ:	(850) 452-2755		
NAS NOLA DUTY OFFICE:	(504) 678-3253		
NAVAL RESERVE PAY:	(800) 255-0974		
SECURITY:	(850) 452-2653 2-3453		
SAUFLEY FIELD:	(850) 452-1341		
NAS/JRB NEW ORLEANS:	(504) 678-9516 – FAX		
NAS NOLA ORDER WRITING	(504) 678-3694		

UPCOMING DRILL DATES
FY 2001 DRILL SCHEDULE
MAY 5-6, JUN 29-30
JUL 21-22, AUG 4-5, SEP 8-9

**NEXT PRT
DATE:**
Saturday
May 5, 2001

SECURITY EARLY OUTS – Sat. - Sanders
Sat –Provenzano/Crispin – Wax/Gillman
Sun – Frazer/King – Cornoni Machovec
BIKE PATROL – No Patrol
EVAL/FITREP COUNSELING
Counsel O-3,
Input E-4

GALLEY HOURS:	Weekdays	Weekends	
Breakfast	0500-0700	0700-0900	Remember to eat a balanced
Lunch	1000-1300	1030-1230	meal. See AK1 Clark about
Dinner	1600-1900	1600-1800	proper dietary practices.

SCHEDULE OF EVENTS

Saturday 7 APRIL 01	Sunday 8 APRIL 01
0600 Muster/Unit PT NASP Gym/AKM	0600 Muster Unit Spaces
0830 Unit Administration – Activities TBA	0700 CPR Tentatively Scheduled
1130 Lunch	0830 Security Training
1300 All Hands Meeting/Update Recall Bill	→ 0900 Deadline for POM Notes ← ← ←
1315 Billet Training/OJT	1000 All Khaki Meeting
1330 LPO MTG	1030 PBFT/Retention Team Meeting
1400 Security Training	1100 Lunch
1630 Secure	1200 Security Department Training
	1230 All Correspondence Signed by CO Due
	1300 Billet Training
	1330 Clean Unit Spaces
	1400 Unit Muster Wrap Up Meeting
	1430 Secure

PHYSICALS:

If 25 or older: Do not eat or drink except water, 14 hours prior to exam. No alcohol and fried food 3 days prior. Medical can nominate you for the IRR if you do not keep your physical and shots updated.

Physicals performed in August and February are done only on Sunday due to the Advancement exam. No physicals are done by Medical in October due to Medical doing their PRT.

1. **EXCUSED ABSENCES:** Excused absence requests can be approved by the CO only. If you know ahead of time that you will miss a scheduled drill, call no later than (WED) prior to drill for ET request. Have a make up date in mind. During drill weekend call YN2 Welch at (850) 452-2093.
2. **EEO/ Sexual Harassment:** Contact ABF1 Norton with any questions or complaints regarding EEO or Sexual Harassment.
3. **BEQ/BOQ PROCEDURE:** PN3 Christy Jolicoeur handles reservations or problems with berthing. Contact her with any billeting issues.
4. **CHECK YOUR PROJECTED RETIREMENT PAY EASILY!** Go to: www.navres.navy.mil/navresfor/navair/ to see what your monthly projected retirement pay would be. You may be pleasantly surprised!

5. NOTES FROM ADMIN:

- If you have ANY problems receiving the POM via e-mail, please call or e-mail LCDR Lehnertz so he can resolve your problem and get you a current POM. **If you don't contact him, then it is assumed that you have no problem.**
- AT/ADT opportunities are listed at: <http://www.navres.navy.mil/navresfor/data/pages/adsw.html>
- For POM inputs please give admin the file name on the LAN or a 3 ½ in. floppy disk prior to 0900 on Sunday. Also, please use (Times New Roman) regular fonts size 12 to save time.

LCDR LEHNERTZ

6. NOTES FROM TRAINING:

Training POM Notes:

If you missed it in the recent *Navy Reservist News*, Selected Reserve Masters at Arms (E-4 through E-7, 9545's) are needed to apply for recall to active duty for two or three years to augment the Navy's Force protection mission requirements. For more information on this recall, see the NRN on-line edition at <http://www.navres.navy.mil/navresfor/nrn/ops.html>

CPR/First Aid training is tentatively scheduled for April's drill weekend (pending funding approval from NAS Schools Command.) So be prepared, probably Sunday, to get down on the floor with the mannequins. It's an all day class.

There are still no definite dates on the one-week Bike Patrol School in Jacksonville for those who are interested. They anticipate perhaps May, unfortunately it will probably be last minute notification. So be thinking if you want to participate.

Senior Chief Street

9. Notes From Chief Christy:

MEDICAL ISSUES

a. The following medical records have still NOT been turned in. These records must be sent to New Orleans to complete unit RSTARS updates. Please turn into ITC Christy ASAP: **Pennington, Provenzano**

b. According to RSTARS reports created by NAS JRB NOLA, the following discrepancies exist. If you are listed on the above list, then the following may or may not be accurate, and would be corrected when you turn in your record:

Full Physicals: Hopkins, Machovec, Pennington

Short Form Physicals: Christy, Cornoni, Crispin, Frazer, Gillman, Jolicoeur, King, Kutch, Lehnertz, McGinnis, Provenzano, Sanders, Street, Violette, Wax, Welch

HIV (usually ties in with short form physicals): Christy Cornoni, Crispin, Frazer, Gillman, Hopkins, King, Kutch, Lehnertz, Machovec, McGinnis, Pennington, Provenzano, Sanders, Street, Violette, Wax, Welch

DNA: Crispin, Frazer, Hopkins, King, Kutch, McGinnis, Street

Tetanus: Crispin, Machovec, Pennington, Provenzano, Sanders

Yellow Fever: Crispin, Hopkins, Machovec, Pennington, Provenzano, Wax, Welch, Frazer

Dental Exam is now required annually. Therefore, everyone in the unit is now delinquent in dental. There is an option to avoid going to dental for the exam. You may take DD Form 2813, DOD Reserve Forces Dental Examination, and have your own dentist certify your dental exam.

In the future, whenever you get anything done at medical, get a copy of the pertinent page of the medical record and turn it in to ITC Christy. This will ensure that RSTARS is kept up to date without having to turn all the records into New Orleans again.

Other Notes:

Government Credit Cards: The Naval Reserve is getting very serious about delinquent government credit cards. This is because the credit card company is automatically suspending accounts with an outstanding balance more than 126 days. Make certain you pay your cards off as soon as you receive your travel pay, and if there is a travel pay problem, make sure you bring it to our attention immediately.

Deers, Page 2 and SGLI: These are three entirely different entities. Make sure they are all updated when you have a dependency change. For example if you get divorced and only change your Page 2, your former spouse may still receive your insurance.

Government Vehicles: Anytime you are driving a government vehicle (includes rental), if you are in an accident, notify the base that originated the rental immediately. There is a law that allows relatives of victims to sue for pain and suffering if they are on the scene at the time. This becomes very difficult to disprove, when people file lawsuits several years later just before the deadline.

10. Notes From Command Senior Chief Hopkins:

SECURITY OPS:

Port Call visit to NAS Pensacola from USS Coleman FFG, 16-19 Mar 01.

The following security personnel muster at Security 0700, 16 Mar 01 for USS Coleman security detail.

OIC: ABHCS Hopkins	LCDR Olsson	GMG1 Pennington
MA1 Tinker (Fri)	SM2 Provenzano	SK2 Violette
ABF1 Norton	EM2 Gillman (Sat)	SN Sanders
YN2 Welch	SN Machovec (Sat)	BM2 Cornoni (Sat)

Bike Detail:	ABHCS Hopkins	GMG1 Pennington
	SN Machovec	SN Sanders

Bike Patrol: Be prepared for heavy summer operations tempo. Numerous events and functions requiring bike details.

Start preparing for the upcoming events and operation for the remainder of the Fiscal Year. We have AT/ADT opportunities coming up that will require our support.

May: Naval Aviation Symposium – 4 Days

June: Iwo Jima Commissioning and Ceremony - 3 Days

BayFest – 2 Days

July: Possible Port Call by Roosevelt Battle Group – 5 Days

September: Port Call by Kennedy Battle Group – 5 Days

“The only thing to fear is fear itself.” Franklin D. Roosevelt

In times of despair, stress, anger and grief, don't fear what may come, make plans to work out the problems to a satisfactory end.

Have A Great Month!

Senior

11. CO's Remarks:

This has been a great weekend for training. The pistol requals went very well not to mention the shotgun quals. The top shooters for the units "Top Gun" award goes to LCDR Gilroy for the NPQ course with a score of 239, second place goes to BM2 Cornoni with a score of 238. The awards for the PWC course, (title reclaimed), goes to ABHCS Hopkins with a score of 18/18 and a time of 1:06; and second place goes to MM2 Wax with a score of 18/18 and a time of 1:16. Good Shooting! We had a lot of improvement on our marks over all. The hand to hand combat also went very well. Many thanks to our resident experts for providing us with first hand experiences and practical/ realistic views.

Congratulations to AK1 Clark on his re-enlistment, another good deal for the Navy.

Government credit cards will be issued to you if you do not already have one, contact Admin if you do not have one. These cards are to be used only for expenses incurred during your military obligations such as Annual Training (AT), and Additional Duty for Training (ADT). **Do not fall into the trap** of using these cards for your everyday personal use. Any unauthorized use may lead to mast proceedings. If you have any questions as to their authorized utilization contact LCDR Lehnertz.

The word from the top is that funding for the Navy Reserves for this fiscal has increased which means that there will be more opportunity for ADT this year. We will try to keep you advised as to the various opportunities and you can also check out the Naval Reserve Force Web page at <http://www.navres.navy.mil/navresfor/data/pages/adsw.html>

Take care, be safe and have a great month!

Thought of the day: 'Opportunity'

A wise man will make more opportunity than he finds. FRANCIS BACON

CDR R.M. KUTCH